



The End of My Addiction

Olivier Ameisen M.D.

Download now

[Click here](#) if your download doesn't start automatically

The End of My Addiction

Olivier Ameisen M.D.

The End of My Addiction Olivier Ameisen M.D.

"After years of battling uncontrollable addiction, I have achieved the supposedly impossible: complete freedom from craving."

Dr. Olivier Ameisen was a brilliant cardiologist on the staff at one of America's top teaching hospitals and running his own successful practice when he developed a profound addiction to alcohol. He broke bones with no memory of falling; he nearly lost his kidneys; he almost died from massive seizures during acute withdrawal. He gave up his flourishing practice and, fearing for his life, immersed himself in Alcoholics Anonymous, rehab, therapy, and a variety of medications. Nothing worked.

So he did the only thing he could: he took his treatment into his own hands. Searching for a cure for his deadly disease, he happened upon baclofen, a muscle relaxant that had been used safely for years as a treatment for various types of muscle spasticity, but had more recently shown promising results in studies with laboratory animals addicted to a wide variety of substances. Dr. Ameisen prescribed himself the drug and experimented with increasingly higher dosages until he finally reached a level high enough to leave him free of *any* craving for alcohol. That was more than five years ago.

Alcoholism claims three hundred lives per day in the United States alone; one in four U.S. deaths is attributable to alcohol, tobacco, or illegal drugs. Baclofen, as prescribed under a doctor's care, could possibly free many addicts from tragic and debilitating illness. But as long as the medical and research establishments continue to ignore a cure for one of the most deadly diseases in the world, we won't be able to understand baclofen's full addiction-treatment potential.

The End of My Addiction is both a memoir of Dr. Ameisen's own struggle and a groundbreaking call to action—an urgent plea for research that can rescue millions from the scourge of addiction and spare their loved ones the collateral damage of the disease.

 [Download The End of My Addiction ...pdf](#)

 [Read Online The End of My Addiction ...pdf](#)

Download and Read Free Online The End of My Addiction Olivier Ameisen M.D.

From reader reviews:

Diana Sturgill:

Now a day people who Living in the era exactly where everything reachable by talk with the internet and the resources in it can be true or not require people to be aware of each details they get. How a lot more to be smart in having any information nowadays? Of course the answer then is reading a book. Examining a book can help individuals out of this uncertainty Information specially this The End of My Addiction book as this book offers you rich information and knowledge. Of course the info in this book hundred per cent guarantees there is no doubt in it everbody knows.

Richard Endsley:

It is possible to spend your free time to see this book this guide. This The End of My Addiction is simple to create you can read it in the park your car, in the beach, train in addition to soon. If you did not have much space to bring the actual printed book, you can buy the actual e-book. It is make you much easier to read it. You can save the particular book in your smart phone. Therefore there are a lot of benefits that you will get when you buy this book.

Penny Laughlin:

Many people spending their time frame by playing outside with friends, fun activity using family or just watching TV the entire day. You can have new activity to enjoy your whole day by reading a book. Ugh, you think reading a book can actually hard because you have to accept the book everywhere? It fine you can have the e-book, taking everywhere you want in your Cell phone. Like The End of My Addiction which is getting the e-book version. So , try out this book? Let's observe.

Scott Duran:

Is it you actually who having spare time subsequently spend it whole day by watching television programs or just lying on the bed? Do you need something new? This The End of My Addiction can be the reply, oh how comes? A fresh book you know. You are so out of date, spending your time by reading in this fresh era is common not a geek activity. So what these guides have than the others?

**Download and Read Online The End of My Addiction Olivier
Ameisen M.D. #OAGDLINU7T6**

Read The End of My Addiction by Olivier Ameisen M.D. for online ebook

The End of My Addiction by Olivier Ameisen M.D. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The End of My Addiction by Olivier Ameisen M.D. books to read online.

Online The End of My Addiction by Olivier Ameisen M.D. ebook PDF download

The End of My Addiction by Olivier Ameisen M.D. Doc

The End of My Addiction by Olivier Ameisen M.D. Mobipocket

The End of My Addiction by Olivier Ameisen M.D. EPub