



When It's Time to Leave Your Lover: A Guide for Gay Men (Haworth Gay & Lesbian Studies)

Neil Kaminsky

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When It's Time to Leave Your Lover: A Guide for Gay Men is for people who need help ending a gay male relationship that is no longer viable or for friends and family who want to support a gay man experiencing a breakup. This book provides tips on how to successfully cope with the post-breakup period and how to grow emotionally from the experience. You will discover how to tell a lover good-bye while learning about the psychological and social changes to be anticipated in this situation. *When It's Time to Leave Your Lover* gives you helpful, practical advice on how to cope with ending a relationship in a positive and constructive manner.

This unique book contains actual interviews with gay men and vignettes that clearly illustrate the topics. They provide you with a deeper understanding of all aspects of the break-up period. *When It's Time to Leave Your Lover* is a unique how-to book that gives you helpful and practical advice on such important issues as:

- making an assessment of your relationship to determine if it is no longer viable
- constructively leaving your partner and making it a positive experience
- coping with the uncoupling experience by using specific techniques to avoid common mistakes such as the rebound relationship
- growing from your uncoupling experience so you can enjoy more fulfilling relationships in the future
- managing the social and psychological effects of a breakup through use of your support system of family and friends
- seeking support through specific organizations available in several different cities that help gay men deal with breakups

Sincere and full of knowledgeable advice, *When It's Time to Leave Your Lover* offers proven suggestions that will help you revisit the mistakes you made during your relationship, preparing you for more satisfying relationships in the future that are based on compatibility, respect, and trust. A valuable and reader-friendly book, *When It's Time to Leave Your Lover* will enhance your understanding of the break-up experience and will help you understand, learn from, and get past the heartache of ending a relationship.

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A lot of people always spent their particular free time to vacation or maybe go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book that you just read you can spent 24 hours a day to reading a reserve. The book When It's Time to Leave Your Lover: A Guide for Gay Men (Haworth Gay & Lesbian Studies) it is extremely good to read. There are a lot of people that recommended this book. They were enjoying reading this book. In the event you did not have enough space bringing this book you can buy the particular e-book. You can m0ore quickly to read this book from the smart phone. The price is not very costly but this book offers high quality.

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