



## Pasta (Great Taste, Low Fat)

*Sandra Rose Gluck*

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*Sandra Rose Gluck*

## **Pasta (Great Taste, Low Fat)** Sandra Rose Gluck

Designed to take the work and worry out of everyday low-fat cooking and to provide delicious, fresh, and filling recipes for family and friends; to use quick, streamlined methods and available ingredients; and, within every recipe, to keep the percentage of calories from fat under 30 percent.

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