



Living Every Minute

Nancy Delano Moore

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Living Every Minute Nancy Delano Moore

Living Every Minute celebrates the full life of a remarkable woman and mourns her devastating losses to dementia in her latter years. In her story is the story of millions of individuals, losing their physical and mental capabilities bit by bit to this dreaded disease.

Pauline Efford Delano, the author's mother, was born in 1911 and reared on the isolated Northern Neck of Virginia. She graduated from college in the depression and returned to the land she loved as teacher, wife, mother, and friend. For eighty years she lived a vibrant life until the onset of dementia when everything changed.

This story explores what her family lost, how they lost it, and how they all coped--as children and caregivers--in the face of unrelenting illness. The story is unusual in also being the story of how they came to understand the illness at last and how they eventually found their mother again even when she had lost herself.

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