



Savor Each Stitch: Studio Quilting with Mindful Design

Carolyn Friedlander

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An exploration of how selecting different materials, textures, and substrates combined with playing with the design concepts of line, contrast, scale, emphasis, color, volume and texture can impact the end result of the design. 8 quilts each with a multitude of color way options, illustrate how each design decision can impact the direction of a quilt. Projects range from table runners to full-sized quilts each encouraging readers to play with design possibilities to create unique quilts of their own.

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