

Survival Prepping: Hunting, Fishing, Foraging, Trapping and Eating Insects: Prepping to Survive, 3 Books in 1

Rick Canton

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This audiobook set includes three valuable and best-selling prepping guide, including:

- Hunting, Trapping, Fishing and Outdoor Cooking
- How to Survive with Edible Bugs and Learning Entomophagy
- How to Survive by Foraging for Edible Plants

These three guides are must haves for anyone who is starting out with camping and wilderness survival. You'll learn about:

- Finding food sources like plants that can sustain you indefinitely
- Bugs and insects that are edible and high in protein
- Trapping small game and preparing meals when you've been left with nothing



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