



Attachment in Common Sense and Doodles: A Practical Guide

Miriam Silver

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Attachment is a word used to describe a simple idea – the relationship with someone you love or whose opinions are important to you – so why is so much of the language relating to attachment so obscure, and why is it so challenging to help children who lack healthy attachment bonds?

Attachment in Common Sense and Doodles aims to bring some clarity and simplicity to the subject. Providing grounded information and advice accompanied by a series of simple 'doodles' throughout, it explains attachment in language that is easy to understand and describes how to apply this information in everyday life. It describes how the attachment patterns in children who are adopted or fostered differ, summarises the latest research in the field and provides advice on how to repair attachment difficulties and to build secure, loving relationships.

Covering all of the 'need to know' issues including how to spot attachment difficulties, build resilience and empathy and responding to problematic behaviour, this book will be an invaluable resource for families and professionals caring for children who are fostered, adopted or who have experienced early trauma.

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