

Christlife: Embracing Your True and Deepest Identity

Ruth Myers



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Christlife: Embracing Your True and Deepest Identity Ruth Myers

In a strongly personal, interactive, and prayer-focused adventure, Ruth Myers gives us a comprehensive look at our identity in Christ, which helps us build up our self-image in truly godly way. Christlife contains wide margins to provide plenty of room to respond to the rich and reflective text, which keeps bringing us face-to-face with the realities of who we really are in Christ. This is the gracious way God has allowed each of us to become fully and freely the people He created and redeemed us to be. It means taking "all of Christ for all of me," letting Christ become the full answer to our deepest question: "Who am I?"

It's the Real You!

You don't just belong to Christ, your life is Christ!

That's the simple, astounding fact that leads to victory over anxiety, fear, guilt, depression, and other damaging emotions—all of which result from a false self-perception. The truth, revealed through the miracle of being joined with Jesus Christ, is liberating! Ruth Myers guides you on a healing journey, empowering you to: Understand who you really are—it will take your breath away! Discard false perceptions and embrace your newness in Christ Revel in the freedom of unity with your Lord and Creator Make self-acceptance and joy your daily companions

Now you can answer "Who are you?" with resounding confidence—and delight in your answer forever.

Story Behind the Book

"This book goes back to my late teens. I longed to please the Lord, but was deeply frustrated by more failure than success, especially in how I related to my younger sister. Then God used a statement in a book to flood my heart with truth: 'It's not only true that our life is Christ's, but our life is Christ.' He is my life, so I can please Him and bring Him joy! Throughout the years the Lord has repeatedly fleshed out this truth through many Scriptures and people and experiences. I love to write about who God is, and my favorite topics are His love and His indwelling sufficiency. 'Not that we are adequate in ourselves...but our adequacy is from God'—and especially from our inner union with Him."

From the Hardcover edition.

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