



The Successful Chinese Herbalist

Bob Flaws, Honora Lee Wolfe

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This book is a distillation of over 20 years of knowledge from two well known American practitioners' of Chinese medicine. It is not a materia medica or a formula book. Rather it is a conversation in which the authors share both clinical and business knowledge and tips that can only be learned through years of running a practice.

What is covered in this book?

- ~ the essence of getting to the right pattern discrimination every time
- ~how to write the best possible prescription for each patient
- ~things to consider when deciding dosages
- ~how to avoid the phenomenon of habituation with your herbal patients
- ~the main toxicity issues to consider when using Chinese herbal medicine
- ~when it is appropriate to use pills and powder extracts
- ~how to gain better compliance when using decocted formulas
- ~why we should avoid using the term "patent" medicine
- ~thoughts on running a successful clinic dispensary
- ~a sample herb-instruction form for patients
- ~why the harmonizing formulas are the most useful category of formulas for our patient population
- ~how to work safely with patients who are taking Western drugs
- ~a list of the most important treatment principles in Chinese medicine

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