



# **Chicken Soup for the Soul: Be The Best You Can Be: Inspiring True Stories about Goals & Values for Kids & Preteens**

*Amy Newmark, Milton Boniuk*

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Self-esteem, tolerance, values, and inner strength – these are gifts that will last children a lifetime. This book is filled with inspirational stories for children and their families to share, all about kids making good decisions, doing the right thing, and being kind.

This collection shows kids positive role models to follow in its stories about making good choices, having confidence, and doing the right thing. Parents and grandparents will enjoy discussing the stories with children, making it a family event. Great for teachers to share with students, too.

This book harnesses the power of storytelling to inspire and teach kids, while also entertaining them. Key issues such as bullying, tolerance, and values are addressed in stories selected from Chicken Soup for the Soul's vast library and represent the best on these topics from the company's 22-year history.

This book is a joint project of Chicken Soup for the Soul and The Boniuk Foundation, which are working together to promote tolerance, respect, and compassion, inspiring young people and adults to embrace their differences, reject stereotypes, and make good choices. It's part of a larger effort that includes additional books for teens, college students, parents, and grandparents, as well as a family television show every Saturday morning starting in October.

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