



Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion

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In this fun, fresh, fat-positive anthology, fat activist and sex educator Virgie Tovar brings together voices from an often-marginalized community to talk about and celebrate their lives. *Hot & Heavy* rejects the idea that being thin is best, instead embracing the many fabulous aspects of being fat—building fat-positive spaces, putting together fat-friendly wardrobes, turning society’s rules into personal politics, and creating supportive, inclusive communities. Writers, activists, performers, and poets—including April Flores, Alysia Angel, Charlotte Cooper, Jessica Judd, Emily Anderson, Genne Murphy, and Tigress Osborn—cover everything from fat go-go dancing to queer dating to urban gardening in their essays, exploring their experiences with the word “fat,” pinpointing particular moments that have impacted the way they think and feel about their bodies, and telling the story of how they each became fat revolutionaries.

Ground-breaking and long overdue, *Hot & Heavy* is a fierce, sassy, thoughtful, authentic, and joyous collection of stories about unapologetically—and unconditionally—loving the body you’re in.

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Paul Dixon:

The reason why? Because this Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion is an extraordinary book that the inside of the book is waiting for you to snap that but later it will surprise you with the secret this inside. Reading this book beside it was fantastic author who wrote the book in such an amazing way makes the content inside easier to understand, entertaining way but still conveys the meaning completely. So, it is good for you for not hesitating having this any more or you going to regret it. This book will give you a lot of benefits than the other books have such as help improving your expertise and your critical thinking means. So, still want to postpone having that book? If I have been you I will go to the book store hurriedly.

Amy Rodriguez:

In this period of time globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information simpler to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You can observe that now, a lot of publishers that print many kinds of books. The book that recommended to your account is Hot & Heavy: Fierce Fat Girls on Life, Love & Fashion this publication consists a lot of the information of the condition of this world now. This specific book was represented how the world has grown up. The terminology styles that writer make use of to explain it is easy to understand. Often the writer made some exploration when he makes this book. This is why this book suitable all of you.

Pilar Porter:

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