



A Guide to Back Pain: Symptoms; Causes; Treatment; Prevention

Katherine Wright

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An effective guide to managing a bad back with straightforward, useful information about the workings of the human back and the things that may go wrong to cause pain. It also provides guidance on the management and alleviation of such pain.

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William Leininger:

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Leslie Mickle:

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Prevention can to be your brand new friend when you're feel alone and confuse with the information must you're doing of their time.

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