



# 31 Days of Encouragement as We Grow Older (NavPress Devotional Readers)

*Ruth Myers*

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## **31 Days of Encouragement as We Grow Older (NavPress Devotional Readers) Ruth Myers**

Are you feeling lonely? Tired? Overwhelmed? Whether we're young, old, or in between, these feelings can flood our hearts at almost any time. Faced with our limitations, our most urgent need is to know God better. Beloved author Ruth Myers is a willing guide for women who are ready to approach aging in a different way. This 31-day devotional helps you choose joy now and prepare for a satisfying future.

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