

# Color Away Stress: An Introduction To The Healing Powers Of Mandala Patterns (Adult Coloring Books)

Lamees A.

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This book introduces you to the healing powers of Mandala patterns, it will tell you what exactly is a Mandala, where do Mandalas come from, how do Mandala coloring pages activate the Mandala's healing powers and how do you unlock the healing powers of the Mandala. Coloring Adult Coloring Books & Mandala pages really reduces stress and brings happiness to your life.



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