



# The Diabetic's Innovative Cookbook: A Positive Approach to Living with Diabetes

Joseph Juliano M.D., Dianne Young

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## The Diabetic's Innovative Cookbook: A Positive Approach to **Living with Diabetes**

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This unorthodox and inspiring book for diabetics and their families stresses the importance of diet in diabetes management. Dr. Juliano's positive prescription for living with diabetes is complemented by 145 recipes.



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