



Grace and Grit: Insights to Real-Life Challenges of Aging for Adult Children and Their Parents

Fritzi Gros-Daillon

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The challenges of moving the elderly from one home to the next are frequently faced by both generations: seniors and their adult children. This book of compelling stories about this later-in-life event, often unexpected in its timing and scope, delivers points of view from the parents, adult children, and professional move managers. These real-life issues of communication, downsizing decisions pertaining to personal possessions, and sharing and sustaining memories convey the love, compassion, disappointment, and perseverance experienced by those coping through this difficult transitional time, reminding readers that they are not alone. The grace and grit exhibited in these true stories—from loved ones, friends, and other regular people—will bring solace through inspiration.

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