



Sister Gumbo: Spicy Vignettes from Black Women on Life, Sex and Relationships

Ursula Inga Kindred, Miranda Guerin-Williams

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African-American women's lives and relationships are complex and at times, deliciously spicy. So, when two sisters decided to interview over twenty women about relationships, sex, spirituality, and self, the result was a fantastic collection of funny, sassy, and moving vignettes.

From Jackie, who still loves to have sex with her husband of 28 years, to Lady, who is considering the pro's and con's of her extramarital affair, to Ayoka, who recently discovered her own inner spirituality, these women will draw you in to their lives. Their candid interviews offer insightful and intimate portraits of everyday African-American women.

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