



La cocina no muerde (Spanish Edition)

Doreen Colondres

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La cocina no muerde nace para recuperar las tradiciones de nuestras abuelas y los valores gastronómicos de cada país, llegando con la promesa de traer de vuelta a nuestros hogares la importancia de ir a la mesa juntos y disfrutar de una cena hecha con amor. A través de estas páginas, con bellas fotografías a todo color, la conocida celebrity chef Doreen Colondres comparte sus secretos de cómo equipar la cocina, cómo hacer las compras y llevar a casa más ingredientes de temporada, cómo incorporar a los niños en el proceso y cómo perfeccionar técnicas. También dedica algunos capítulos al jamón, el aceite de oliva, vino, tequila, pisco y maridaje. Todo esto sumado a más de cien deliciosas recetas que llevan al lector por un auténtico viaje de sabores por países que la autora ama y que la inspiran cada día: "Conocer de su cocina es entender a su gente, su tierra y su historia, una historia que no podemos dejar de escribir y mucho menos saborear. Así vivirás momentos inolvidables en ese rincón tan sagrado del hogar que nos hace más humanos y marca nuestras vidas con momentos y sabores que nos acompañan siempre".

ENGLISH DESCRIPTION The Kitchen Doesn't Bite has arrived to revive the traditions of our grandmothers and the gastronomic values of each country, along with the promise to bring back the importance of sitting down together at the dinner table to enjoy a meal made with love. Through these pages, with their beautiful, full-color photographs, renowned celebrity chef Doreen Colondres shares her secrets of how to stock your kitchen, how to shop wisely and bring home in-season ingredients, how to involve children in the process, and how to perfect techniques. She also dedicates pages to ham, olive oil, wine, tequila, pisco, and pairings. On top of this, there are more than 100 delicious recipes that will take the reader on an authentic tour of the flavors of countries the author loves, and which inspire her every day: "Knowing a country's food is understanding its people, its land, and its history: a story that we can't stop writing, much less savoring. Along the way, you will experience unforgettable moments in that sacred space in the home that makes us more human, and marks our lives with moments and flavors that will stay with us always."

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