



The Map to Love: How to Navigate the Art of the Heart

Robert P Jacoby

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Psychotherapist, artist, survival instructor, and author Rob Jacoby draws upon all four areas of his life and experience to offer us *The Map to Love: How to Navigate the Art of the Heart*, a life-giving perspective on love, fulfillment, healing, and successfully navigating the complex human emotional landscape. His twenty-year career helping people from all walks of life, especially young people suffering from extreme emotional problems, gives this book its lived-in authority. His passion for creation, particularly music and painting, drives the spontaneity and rhythm of its prose and presentation. In collaboration with world-renowned artist Brian MacGregor, the result is a visually and intellectually stunning masterpiece on the topic of LOVE. If you plan on purchasing only one book on Self-Help, Love, and Positive Psychology for the rest of your life, this is that work.

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