



Binge Eating: Nature, Assessment, and Treatment

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Synthesizing all that is known about binge eating and the treatment of this prevalent, complex behavior, this book features contributions from leading experts from a wide variety of fields.

Special Features

The Eating Disorder Examination, the major clinical interview for assessing eating disorders, is published in full in this volume. It shows precisely how to elicit the key features of these disorders. Also included is a cognitive behavioral therapy manual.

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