



Introduction to Maternity & Pediatric Nursing

Gloria Leifer

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Part of the popular *LPN Threads* series, **Introduction to Maternity & Pediatric Nursing** provides a solid foundation in obstetrics and pediatric nursing. An easy-to-follow organization by developmental stages, discussion of disorders by body system from simple-to-complex and health-to-illness, and a focus on family health make it a complete guide to caring for maternity and pediatric patients. Written in a clear, concise style by Gloria Leifer, MA, RN, this edition reflects the current NCLEX® test plan with additional material on safety, health promotion, nutrition, and related psychosocial care.

- **Cultural Considerations boxes** and a **Cultural Assessment Data Collection Tool** help in developing individualized plans of care.
- **Updated health promotion content** includes **Health Promotion boxes** focusing on preventive strategies for achieving prenatal wellness, health during pregnancy, postnatal health, and pediatric illness prevention and wellness -- including the complete immunization schedules for all ages.
- **Nursing Tips** provide information applying to the clinical setting.
- **Objectives** are listed in each chapter opener.
- **Key terms** include phonetic pronunciations and text page references at the beginning of each chapter.
- **Nursing Care Plans with critical thinking questions** help you understand how a care plan is developed, how to evaluate care of a patient, and how to apply critical thinking skills.
- **A companion Evolve website** includes animations, videos, answers to review questions and answer guidelines for critical thinking questions, an English/Spanish audio glossary, critical thinking case studies, and additional review questions for the NCLEX examination.
- **Get Ready for the NCLEX® Examination! sections** at the end of each chapter help you prepare for classroom tests and the NCLEX examination.
- **Increased focus on safety** helps you prepare for safe nursing practice, with:
 - **Safety Alert! boxes** based on The Joint Commission's 2009/2010 National Patient Safety Goals
 - **Medication Safety Alert! boxes** highlighting serious and potentially fatal medication errors in infants and children
 - **New information on determining pediatric dosages** and a discussion of the **Pedislide system**
- **New skills** include step-by-step instructions for:
 - Bathing the Newborn
 - Assessing the Length and Height of Infants and Children
 - Calculating BMI
 - Removal of a Peripheral Intravenous Catheter
 - Using the Peak Flowmeter
 - Using a Metered-Dose Inhaler
- **Updated, vibrant full-color design** highlights key information and enhances your understanding of important concepts.
- **Updated nutrition content** compares commercially available infant formulas and discusses organic, natural, and dietetic foods.
- **Nutrition Considerations boxes** cover prenatal care, nutritional issues during infancy, and the crisis in childhood obesity.
- **Memory Jogger boxes** help you remember important material with mnemonics, tips, and tricks.
- **An updated glossary** is available in the textbook, as well as on the companion Evolve website.

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Marjorie Calhoun:

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