



# Polishing the Diamond, Enlightening the Mind: Reflections of a Korean Buddhist Master

*Master Jae Woong Kim*

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In *Polishing the Diamond, Enlightening the Mind*, Master Jae Woong Kim explains the teachings of The Diamond Sutra, one of the most beloved and profound scriptures in East Asian Buddhism, believed to contain the heart of the Buddha's teachings. Through forthright instruction, allegorical tales, and heartfelt personal stories about his own teacher, Master Kim reveals the technique of surrendering, an accessible practice to help keep the peacefulness of sitting meditation in any situation. This simple technique cuts through even the hardest of contemporary spiritual concerns. Master Kim's warm personal reminiscences and practical meditation advice are both a testament to the vitality of Korean Buddhism today and a timeless expression of the transformative role the Buddha's teachings can play in each of our lives.

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