



Fusion Food Cookbook

Hugh Carpenter

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What is "fusion cooking"? It's brushing skewers of beef tenderloin with a traditional Caribbean jerk barbecue sauce; matching spicy Southwest fried chicken with a sunny ginger-apricot sauce; or drizzling watermelon and sweet red onion salad with a raspberry cabernet vinaigrette. In short, fusion cooking means combining ingredients and techniques from around the world to achieve exciting flavors.

Fusion Food Cookbook celebrates the new American cuisine, in which distinctive seasonings and cooking styles from Asia, Mexico, the American Southwest, New Orleans, the Caribbean, and the Mediterranean are incorporated into familiar home cooking. Highlighting the vivid flavors of these diverse ethnic and regional traditions, authors Hugh Carpenter and Teri Sandison define a major trend in American cooking, showing us how to mix and match seasonings and cooking techniques and encouraging us to be more creative in our own cooking.

The 150 flavor-intense recipes in *Fusion Food Cookbook* require no hard-to-find ingredients or special equipment. More than 100 color photographs by acclaimed food and wine photographer Teri Sandison capture the vivid colors and cross-cultural style of the inspired recipes.

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Albert Chesson:

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