

## Health Promotion and Disease Prevention in Clinical Practice (Health Promotion & Disease Prevention in Clin Practice)

Steven H. Woolf, Steven Jonas, Evonne Kaplan-Liss

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Incorporating the latest guidelines from major organizations, including the U.S. Preventive Services Task Force, this book offers clinicians a complete overview of how to help patients adopt healthy behaviors and to deliver recommended screening tests and immunizations. Chapters provide practical guidance on counseling patients about exercise, nutrition, tobacco use, substance use, sexually transmitted infections, and depression and on gathering information from the patient, ordering evidence-based screening tests, designing a personalized health maintenance plan, facilitating behavior change, and the work-up of abnormal results from screening tests. This new edition includes updated chapters on practice redesign, the use of electronic medical records, and reimbursement; updated patient resource materials and instructions; and new authors with deep expertise on the topics. A companion Website (www.healthpromodisprev.com) features fully searchable text online.



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