



The Toxic Sandbox: The Truth About Environmental Toxins and Our Children's Health

Libby McDonald

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From pesticides to PCBs-what's a threat, what's not, and what to do about it. Mercury. Lead. Pesticides. Plastics. Air pollution. PCBs. How can parents sort through the hype, propaganda, and misinformation-and find out what is and isn't a threat to children's health? Investigative journalist, advocate, and concerned parent Libby McDonald separates the facts from the alarmist myths. Based on the latest research along with interviews with top medical, toxicological, and environmental experts, *The Toxic Sandbox* covers a wide range of essential concerns, including:

- How can kids be protected from mercury poisoning?
- What are the sources of lead poisoning, and how can they be avoided?
- What pesticides are children ingesting, and does eating organic keep them safe?
- Which teenage beauty products contain carcinogenic phthalates?
- What are PCBs and PBDEs and why are they found in breast milk?
- What can be done to stop the childhood asthma epidemic?

Delivering reliable, up-to-date information, this indispensable resource will empower parents to protect their kids-and raise awareness for the greater good.

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People live in this new time of lifestyle always try and and must have the extra time or they will get great deal of stress from both daily life and work. So , whenever we ask do people have extra time, we will say absolutely yes. People is human not just a robot. Then we question again, what kind of activity have you got when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading textbooks. It can be your alternative inside spending your spare time, the book you have read is The Toxic Sandbox: The Truth About Environmental Toxins and Our Children's Health.

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