



Green Infrastructure and Public Health

Christopher Coutts

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There is a growing body of knowledge revealing a sweeping array of connections between public health and green infrastructure – but not until now have the links between them been brought together in one comprehensive book. *Green Infrastructure and Public Health* provides an overview of current research and theories of the ecological relationships and mechanisms by which the environment influences human health and health behaviour.

Covering a broad spectrum of contemporary understanding, Coutts outlines:

- public health models that explicitly promote the importance of the environment to health
- ways in which the quality of the landscape is tied to health
- challenges of maintaining viable landscapes amidst a rapidly changing global environment

This book presents the case for fundamental human dependence on the natural environment and creates a bridge between contemporary science on the structure and form of a healthy landscape and the myriad ways that a healthy landscape supports healthy human beings. It presents ideal reading for students and practitioners of landscape architecture, urban design, planning, and health studies.

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The actual book Green Infrastructure and Public Health has a lot details on it. So when you read this book you can get a lot of benefit. The book was written by the very famous author. Tom makes some research previous to write this book. This specific book very easy to read you can find the point easily after perusing this book.

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