



A Straightforward Guide to Understanding Mental Illness: Revised Edition

Marianne Richards

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A Straightforward Guide to Understanding Mental Illness: Revised Edition Marianne Richards
Understanding Mental Illness - Revised Edition, by Marianne Richards, is the fifth edition of this professionally acclaimed book. The complex subject of mental health is demystified in an easy-to-read style assuming no prior knowledge. The aim is to reduce fear about mental illness, providing clear information and debunking myths and outlining changing perceptions of mental illness.

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