



Brahmi, the Brain Tonic

Brijesh Regal

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At its best, the human mind has awesome powers that can beat even super-computers, two such examples being Grandmaster Garry Kasparov and maths wizard Shakuntala Devi. Even the best of minds and memories, though, need to be nourished and honed. And Brahmi a herb popular in India since Vedic times does this best.

This booklet focuses on:

*All about the preventive, curative and restorative properties of Brahmi for numerous ailments, while stressing on its amazing memory-enhancing abilities.

*For those suffering from memory disorders of any kind, Brahmi is just the panacea recommended.

*Whether it is improving a young child's learning ability, a student's school, college or university performance or an elder person's failing memory, Brahmi produces phenomenal results.

About the author:

Brijesh Regal is a WHO Consultant to the Drugs Controller of India and Chairman of the Community Pharmacy Division of the Indian Pharmaceutical Association. He holds a Master's degree in Pharmacy from Delhi University, and is the founder of a prestigious Pharmaceutical Services Organisation, Apothecaries Limited.

He is also a pioneer of the pharmaceutical care concept in India and has done extensive work in developing systems for informing patients and the public about medicine usage. Mr Regal has conducted several WHO-sponsored workshops on Consumer awareness on proper usage of medicines across the country.

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Peter Hudson:

Spent a free time to be fun activity to complete! A lot of people spent their down time with their family, or their particular friends. Usually they performing activity like watching television, about to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to try look for book, may be the e-book untitled Brahmi, the Brain Tonic can be excellent book to read. May be it is usually best activity to you.

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People live in this new day of lifestyle always try and and must have the time or they will get large amount of stress from both daily life and work. So , when we ask do people have extra time, we will say absolutely of course. People is human not really a huge robot. Then we inquire again, what kind of activity are you experiencing when the spare time coming to anyone of course your answer may unlimited right. Then do you try this one, reading textbooks. It can be your alternative in spending your spare time, typically the book you have read is definitely Brahmi, the Brain Tonic.

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