

Lipsmackin' Backpackin': Lightweight, Trail-Tested Recipes For Backcountry Trips

Christine Conners, Tim Conners

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Not a fan of bland, boring, and lifeless meals after a hard day of backpacking? Neither are the Conners, which is why you'll find their new second edition packed full of even more tasty favorites from the trails! Completely revised and updated, this all-in-one food guide builds on the format pioneered by the original, providing clear and thorough at-home and on-trail preparation directions, nutrition and serving information, and the weight of each recipe, while adding a wealth of reference information and instructional material. *Pacific Crest Pancakes, Jammin' Jambalaya*, and *Buried Forest Trail Fudge* - it's in here!



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