



Mothers and Sons: Raising Boys to Be Men

Jean Lush, Pamela Vredevelt

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How can mothers help rambunctious little boys grow up to be well-adjusted adults? What kind of goals should they have for raising their sons? Are there skills mothers can learn that will make child rearing more enjoyable? *Mothers and Sons*, available for the first time in mass market, answers these and other questions with reliable and effective counsel.

Family therapists Jean Lush and Pam Vredevelt present guidelines for instilling self-control, maturity, and morality into a young boy's identity. Especially helpful are the descriptions of normal developmental and sexual phases of boys from infancy to the teen years and discussion on how to best handle the difficult issues of each stage. Special chapters for single moms and step-moms are included as well.

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