



# Sex Trafficking Prevention: A Trauma-Informed Approach for Parents and Professionals

*Savannah J. Sanders*

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**A non-sensationalized book that gives readers a trauma-informed way to think about sex trafficking.**

Forget what you thought you knew about domestic sex trafficking and the best ways to prevent it. The problem is larger in scope and involves more factors than most can imagine. This book lays out what makes young people vulnerable to trafficking, exploring the real root of the problem and the numerous effects of abuse; outlines steps parents and others can take to mitigate those risk factors; and describes ways to help victims find healing.

Drawing from her own experience being trafficked plus her insights gained from years of advocacy and anti-trafficking work, the author speaks directly not only of the realities of trafficking that occur in our own communities but also the solutions that we can all be a part of. She talks of everyday things we can do to intervene—not "rescue"—youth in troubled lives and homes. The book also lists hidden signs of trouble and offers parents and professionals practical tools and knowledge to intervene and make a positive difference in young people's lives.

**Savannah J. Sanders** is a leading advocate in the prevention of child sex trafficking. A survivor of hardships, abuse, and trafficking, Savannah is now living a full life as a victim's advocate, wife, and mother of four. She is currently pursuing a master's degree in social work and is working with the Sandra Day O'Connor Institute as Training Coordinator for the SAFE (Safeguarding Adolescents From Exploitation) Action Project. Sanders shares her story and speaks regularly to groups across the United States on anti-trafficking efforts and ways to support victims.

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