



# Superior Memory (Essays in Cognitive Psychology)

*Elizabeth Valentine, John Wilding*

Download now

[Click here](#) if your download doesn't start automatically

# Superior Memory (Essays in Cognitive Psychology)

*Elizabeth Valentine, John Wilding*

**Superior Memory (Essays in Cognitive Psychology)** Elizabeth Valentine, John Wilding

This book examines the nature and causal antecedents of superior memory performance. The main theme is that such performance may depend on either specific memory techniques or natural superiority in the efficiency of one or more memory processes.

Chapter 2 surveys current views about the structure of memory and discusses whether common processes can be identified which might underlie general variation in memory ability, or whether distinct memory subsystems exist, the efficiency of which varies independently of each other.

Chapter 3 provides a comprehensive survey of existing evidence on superior memory performance. It examines techniques which underlie many examples of unusual memory performance, and concludes that not all this evidence is explicable in terms of such techniques. Relations between memory ability and other cognitive processes are also discussed.

The remainder of the book describes the authors' own studies of a dozen memory experts, employing a wide variety of short- and long-term memory tasks. These studies provide a much larger body of data than previously available from studies of single individuals, usually restricted to a narrow range of tasks and rarely involving any systematic study of long-term retention.

The authors argue that in some cases unusual memory ability is not dependent on the use of special techniques. They develop some objective criteria for distinguishing between subjects who demonstrate "natural" superiority and those "strategists" who depend on techniques. Natural superiority was characterised by superior performance on a wider range of tasks and better long-term retention.

The existence of a general memory ability was further supported by a factor analysis of data from all subjects, omitting those who described highly-practised techniques. This analysis also demonstrated the independence of initial encoding and retention processes.

The monograph raises many interesting questions concerning the existence and nature of individual differences in memory ability (a previously neglected topic), their relation to other cognitive processes and implications for theories concerning the structure of memory.

 [Download Superior Memory \(Essays in Cognitive Psychology\) ...pdf](#)

 [Read Online Superior Memory \(Essays in Cognitive Psychology\) ...pdf](#)

## **Download and Read Free Online Superior Memory (Essays in Cognitive Psychology) Elizabeth Valentine, John Wilding**

---

### **From reader reviews:**

#### **Angel Garcia:**

Why don't make it to become your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite reserve and reading a book. Beside you can solve your long lasting problem; you can add your knowledge by the e-book entitled Superior Memory (Essays in Cognitive Psychology). Try to face the book Superior Memory (Essays in Cognitive Psychology) as your buddy. It means that it can to become your friend when you experience alone and beside that of course make you smarter than previously. Yeah, it is very fortunated for you. The book makes you much more confidence because you can know everything by the book. So , let us make new experience and knowledge with this book.

#### **Roberto Garcia:**

The book Superior Memory (Essays in Cognitive Psychology) can give more knowledge and information about everything you want. Exactly why must we leave the great thing like a book Superior Memory (Essays in Cognitive Psychology)? Wide variety you have a different opinion about reserve. But one aim that book can give many info for us. It is absolutely suitable. Right now, try to closer with the book. Knowledge or info that you take for that, you are able to give for each other; you can share all of these. Book Superior Memory (Essays in Cognitive Psychology) has simple shape but the truth is know: it has great and massive function for you. You can look the enormous world by open and read a book. So it is very wonderful.

#### **Larry Gregg:**

Do you considered one of people who can't read enjoyable if the sentence chained within the straightway, hold on guys this kind of aren't like that. This Superior Memory (Essays in Cognitive Psychology) book is readable through you who hate the perfect word style. You will find the info here are arrange for enjoyable reading experience without leaving perhaps decrease the knowledge that want to deliver to you. The writer involving Superior Memory (Essays in Cognitive Psychology) content conveys objective easily to understand by many individuals. The printed and e-book are not different in the content but it just different such as it. So , do you continue to thinking Superior Memory (Essays in Cognitive Psychology) is not loveable to be your top collection reading book?

#### **Michael Espy:**

Do you have something that you prefer such as book? The reserve lovers usually prefer to select book like comic, limited story and the biggest the first is novel. Now, why not seeking Superior Memory (Essays in Cognitive Psychology) that give your entertainment preference will be satisfied by reading this book. Reading practice all over the world can be said as the way for people to know world a great deal better then how they react in the direction of the world. It can't be stated constantly that reading habit only for the geeky individual but for all of you who wants to end up being success person. So , for all of you who want to start studying as your good habit, you could pick Superior Memory (Essays in Cognitive Psychology) become

your own starter.

**Download and Read Online Superior Memory (Essays in Cognitive Psychology) Elizabeth Valentine, John Wilding #2OHN4BQIV81**

## **Read Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding for online ebook**

Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding books to read online.

## **Online Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding ebook PDF download**

**Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding Doc**

Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding Mobipocket

Superior Memory (Essays in Cognitive Psychology) by Elizabeth Valentine, John Wilding EPub