



Rancho La Puerta Cookbook

Bill Wavrin

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Just a few miles south of the border in Baja, the Rancho La Puerta spa has been attracting guests to its tranquil environment and renowned program for more than fifty-five years. But after mountain hikes timed to watch the sunrise, stretch-and-tone classes, and massages, what guests look forward to most is the stunning spa cuisine created by chef Bill Wavrin.

The breakfast buffet features the spa's famous Rancho La Puerta Granola, Persian Pancakes, and Banana Bran Muffins. Leisurely lunches on the patio bring Curried Carrot Soup with Dill or Lentil and Sun-dried Tomato Salad. And dinner selections include Enchiladas with Salsa Mexicana, Pasta with Shiitake Mushrooms and Moroccan Lemons, or Butternut Squash with Mushrooms.

Now, everyone can prepare these unique low-fat, high-flavor dishes at home. Inspired by the vibrant flavors of the Southwest and northern Mexico, with a sprinkling of other international cuisines, *The Rancho La Puerta Cookbook* is the next best thing to spending a sun-drenched week at the spa.

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Angelica Adams:

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